

#### **CONTINUING MEDICAL EDUCATION**

#### <u>July 2024</u>





#### **GRAND ROUNDS CALENDAR**

The following activities meet the requirements for 1 hour of AMA PRA Category 1 Credit  $^{TM}$  or as noted.

CMU COLLEGE OF MEDICINE GRAND ROUNDS	THURSDAY 7:30am — 8:30am Online	No Grand Rounds in July
EMERGENCY MEDICINE GRAND ROUNDS	THURSDAY 11:00am-12:30pm CMED SEB 1008	No Grand Rounds in July
FAMILY MEDICINE GRAND ROUNDS	THURSDAY 7:45am—8:45am CMED SEB 1018	<ul> <li>July 18 – Saginaw County Community Health Assessment Review. Delicia Pruitt, MD; Associate Professor of Family Medicine, Family Medicine Residency Program, CMU College of Medicine, Saginaw, MI.</li> <li>July 25 – Same-Day Clinic Access: Doing Today's Work Today. Bernard Noveloso, Core Faculty Physician, Family Medicine Residency Program, CMU College of Medicine, Saginaw, MI.</li> <li>For additional information, contact Cindy Letzkus at <a href="Letzklca@cmich.edu">Letzklca@cmich.edu</a></li> </ul>
INTERNAL MEDICINE GRAND ROUNDS	FRIDAY 8:00am — 9:00am Ascension-HEC	<ul> <li>July 19 – Thyroid nodules: Management in primary care clinics. Vivek Variar, MD, Assistant Professor, Clinical Teaching Faculty, Endocrinology, Internal Medicine, CMU College of Medicine, Saginaw, MI.</li> <li>July 26 – The Internists Guide to Menopause. Cecilia Kraus-Horbal, DO, Senior Staff Physician, Assistant Professor of Medicine, Internal Medicine, CMU College of Medicine, Saginaw, MI.</li> <li>For additional information contact Carol Delehanty at deleh1c@cmich.edu</li> </ul>
OBSTETRICS & GYNECOLOGY GRAND ROUNDS	MONDAY 8:00am—9:00am CMED SEB 1008/Online	<ul> <li>July 1 – Quality Assurance Conference. John Llewelyn, MD, Chair, Covenant OB Section. Obstetrician-Gynecologist, Valley OB/GYN Clinic, Saginaw, MI. **Location: Harrison Side Rooms C&amp;D at Covenant Healthcare</li> <li>July 8 – Substance Use Disorders in Women - Unique Vulnerabilities. Damali Campbell, MD. Associate Professor, Department of Obstetrics, Gynecology and Reproductive Health, Rutgers, Newark, NJ.</li> <li>Jul 15 – Morbidity and Mortality Conference. Haley Shumway, DO. Ob/Gyn Resident Physician, CMU Medical Education Partners, Saginaw, MI.</li> <li>July 29 – Journal Club. Cassandra Ross, MD, and Kayla Orbeck, MD. Ob/Gyn Resident Physicians, CMU Medical Education Partners, Saginaw, MI.</li> <li>For additional information, please contact Carol Clark at carol.clark@cmich.edu</li> </ul>
PEDIATRIC GRAND ROUNDS	WEDNESDAY 12:00pm-1:00pm Online	No Grand Rounds in July
PSYCHIATRY GRAND ROUNDS	THURSDAY 12:00pm — 1:00pm CMED SEB 1018	No Grand Rounds in July

SURGERY GRAND ROUNDS	THURSDAY 7:00am — 8:00am Ascension St. Mary's MASUD Lecture Hall	No Grand Rounds in July
ALEDA E. LUTZ VAMC GRAND ROUNDS	FRIDAY 8:00am – 9:00am Online and VAMC Auditorium	<ul> <li>July 12 – Chronic Disease and Neurobiology of Substance Use Disorders: Using Science to Reduce Stigma. Stephen M. Delisi, MD. Chief Medical Officer, YourPath, Inc., St. Paul, MN.</li> <li>July 26 – VA Prosthetic Gender Affirming Care. Lisa Serra, CFoM. Roudebush Veterans Affairs Medical Center, Indianapolis, IN.</li> <li>For additional information, please contact Tara Martin at tara.martin22@va.gov</li> </ul>
COVENANT HEALTHCARE CRITICAL CARE GRAND ROUNDS	TUESDAY 12:00pm-1:00pm Cooper – Maidlow Educational Center	July 30 – Unique Cases of Acute Encephalopathy in the ICU: A Constructive Review. Shelly Bowerman, PA; Kris Leedom, NP; Kevin Ostler, NP. Covenant HealthCare, Saginaw, MI.  For additional information, please contact Madison Franek at madison.franek@chs-mi.com

REGULARLY SCHEDULED SERIES (RSS) ACTIVITIES					
CMU Surgery	Covenant HealthCare	Ascension St. Mary's Hospital			
Morbidity & Mortality Conference	BREAST CONFERENCE	BREAST TUMOR CONFERENCE			
Thursday: 7/11, 7/18, 7/25	Wednesday: 7/3, 7/10, 7/17, 7/24, 7/31	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday: 7/9, 7/23			
Ascension St. Mary's Hospital Lecture Hall & Online	Covenant Cancer Care Center, Lower-Level Conference Room &	7:30a-8:30a			
8:00a-9:00a	Online	Online			
	7:30a-8:30a				
Center for the Heart		GENERAL/GI TUMOR CONFERENCE			
LECTURE SERIES	TUMOR CONFERENCE	Wednesday: 7/3, 7/10, 7/17, 7/24, 7/31			
Wednesday, 7/10	Thursday: 7/11, 7/18, 7/25	7:30a-8:30a			
Covenant Cardiology-900 Cooper-Suite 4100 & Online	Covenant Cancer Care Center, Spence Maidlow Conference Room &	Online			
12:00p-1:00p	Online				
	7:30a-8:30a				

#### FEATURED CME ACTIVITIES

#### CMU College of Medicine – GME Office; Ramping up in Research

Using Existing Databases for Research

Asef Hoque, Data Scientist, CMU College of Medicine, Mount Pleasant, MI

Tuesday, July 23, 2024. 7:30a-8:30a; Hybrid. Stone Street and Online.

Contact: GME Office at 989-746-7880 1.0 AMA PRA Category 1 Credit™

#### **Course Description**:

Many findings in medicine have been identified through real-world data of large numbers of patients found in a well-organized, long-term clinical registry. Identifying an appropriate and previously unstudied research question that might be answered via registry data is a specific skill for a faculty member not often taught. Evaluating a specific outcome of a disease or condition for a population might be best done using this technique. In this session, the faculty will provide an overview of the resources available at CMU for faculty and learners, and methods for performing research on the databases.

#### **Covenant Inpatient Physician Practices – Critical Care Grand Rounds**

Unique Cases of Acute Encephalopathy in the ICU: A Constructive Review

Shelly Bowerman, PA; Kris Leedom, NP; Kevin Ostler, NP Covenant HealthCare, Saginaw, MI.

Tuesday, July 30, 2024; 12:00p-1:00p

1.0 AMA PRA Category 1 Credit™

#### **Course Description**:

This course will explore a practical approach to different causes for acute encephalopathy in the intensive care unit. This course will discuss cases of different etiologies, define acute encephalopathy, understand causation, and determine plan of action according to evidence based guidelines.

Covenant HealthCare Bariatric and Metabolic Center – 2024 Covenant Comprehensive Obesity Care Symposium Amer Issa, MD; Adam Cote, DO; Misty Potts, RDN; Dafina Allen, MD; Tessa Dake, MD; Chad Ringley, MD; and Mary Moore MD

Friday, September 27, 2024; 8:30a-3:00p - See attached flyer.

Horizons Conference Center, 6200 State Street, Saginaw, MI

4.0 AMA PRA Category 1 Credits™

#### **Course Description**:

This symposium is intended to advance clinician knowledge related to the latest evidence-based treatments of obesity. This educational event will help multiple specialties better understand why obesity is a chronic, relapsing disease that merits treatment. We will review current obesity population trends, the effects of obesity on multiple organ systems, barriers to care, and the latest, cutting-edge surgical and non-surgical treatments of obesity.

#### **CME ONLINE EDUCATIONAL COURSES**

A variety of online courses are available at <a href="Months: CMU CME ONLINE">CMU CME ONLINE</a> or scan the QR code to enhance physician lifelong learning.

The following courses required for licensing in Michigan are:

- Human Trafficking: Basics and Beyond 2022
- Ethics: Challenge & Opportunity of Genome Editing: Scientific & Ethical Considerations

#### Pillars of Resuscitation in Adult Unstable Trauma Patients

**John Sharpe, MD,** Trauma/Critical Care/General Surgery Covenant Healthcare, Assistant Professor CMU College of Medicine 1.00 AMA PRA Category 1 Credit™

#### **Course Description:**

This topic will review literature and visit the evidence-based guidelines of hemostatic resuscitation of the unstable trauma patient. This course will explain the role of restrictive IV fluid administration, massive transfusion protocol, and future application of whole blood transfusion.

Management of the Critically Ill Overdose Patient (From Airway, Breathing, Circulation (ABCs) to Extracorporeal Membrane Oxygenation (ECMO))

**Benjamin Schoener, MD;** Emergency Medicine Physician, Covenant Healthcare; Core Faculty, CMU College of Medicine; Saginaw, MI 1.00 AMA PRA Category 1 Credit<sup>TM</sup>

#### **Course Description**:

This course will detail an approach to the physiology, diagnosis, and management of right ventricular failure. Case-based scenarios and an audience response system will be utilized to deliver the content.



#### MOUD (Medication for Opioid Use Disorders) Perinatal Special Populations

William Morrone, DO, MS, MPH, FACOFP, DAAPM, FASAM; Chief Medical Officer, Recovery Pathways; Clinical Assistant Professor, Johns Hopkins University School of Nursing; Associate Professor, Michigan State University; Essexville, MI.

1.00 AMA PRA Category 1 Credit™

#### **Course Description**:

This course outlines the prevalence and association of drug overdose and suicide during the COVID-19 lockdown, demonstrating changes in manner and cause of death.

#### Snakes and Ladders of Medical Publishing

David Weindor, Ph.D.; CMU Vice President for Research and Innovation, Mount Pleasant, MI.

**Neli Ragina, Ph.D.;** Associate Professor of Genetics, Director of Students and Residents Clinical Research, CMU College of Medicine, Mount Pleasant, MI. 1.00 AMA PRA Category 1 Credit<sup>TM</sup>

#### **Course Description**:

Publishing one's scholarly activity has become an important skill for both trainees and faculty. One must navigate through a complex process of determining authorship, choosing the most appropriate journal and discovering the economics of publishing.

#### Michigan Public Health Institute https://www.mphi.org/

Our collaboration with the MPHI permits CMU and community faculty access to their large free online library of certified eLearning materials for medical professionals. To view and/or access these courses, create an account/log in at: <a href="https://courses.mihealth.org/PUBLIC/home.html">https://courses.mihealth.org/PUBLIC/home.html</a>.

The newest eLearning materials accredited by CMU College of Medicine in the MPHI library are:

- Infant Safe Sleep for Professionals Working with Families
- Helping Families Practice Infant Safe Sleep

#### **CME GENERAL INFORMATION**

#### **Credit for Teaching**

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, all forms (2021 to 2024) and instructions are available on our website at <a href="Claim Credit and Transcript">Claim Credit and Transcript</a> under <a href="Category 2 Credit Forms">Category 2 Credit Forms</a>.

#### **CME Credit and Certificate Process**

To claim *AMA PRA Category 1 Credits*<sup>TM</sup> go to <u>Claim Credit and Transcript</u>, then click on the "Claim Credit" box or scan this QR code. If you need assistance, please email <u>cmedcme@cmich.edu</u> or call 989-746-7555 or 989-746-7602. Activities are available for 30 days post-event for claiming CME credit.



#### **CME Comments and Suggestions**

Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website <u>Continuing Medical Education</u> under <u>Continuing Medical Education</u> Team <u>Comments and Suggestions</u>.

#### **CME Accreditation and Joint Providerships**

Central Michigan University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) for four years as a provider of continuing medical education (CME) for physicians.

The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

For all information regarding Continuing Medical Education, please visit our website at <a href="med.cmich.edu/cme">med.cmich.edu/cme</a>, email us at cmedcme@cmich.edu, or call us at 989-746-7555 or 989-746-7602.

#### **CME FORMS**

CME application forms are continually being updated as the ACCME changes and modifies requirements. For example, we have made recent changes to the master CME and the Grand Rounds application forms regarding the new, streamlined, and online process to obtain American Board of Surgery MOC. Please note the date at the top center or bottom right of the application forms you are completing. All of our most recent CME application forms and Guidelines are published on our website at <u>Documents and Forms</u>. If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits*<sup>TM</sup>, please contact us at <u>cmedcme@cmich.edu</u>.

## PLEASE JOIN US FOR THE COVENANT HEALTHCARE

# 2024 Comprehensive Obesity Care Symposium



#### Date and Time:

### FRIDAY, SEPTEMBER 27, 2024

8:15 am-8:55 am • Registration & Exibits 8:55 am-3:00 pm • Presentations

#### **Location:**

HORIZONS CONFERENCE CENTER 6200 State Street, Saginaw, Michigan 48603



#### Register Online at:

covenanthealthcare.com/bariatric-symposium or scan the QR Code



#### **Tuition Cost:**

Physicians \$100/Non-physicians \$50

#### **EARLY BIRD REGISTRATION:**

- Before August 27: Physicians \$75/Non-physicians \$35
- Before September 13: Physicians \$85/Non-physicians \$45

**DEADLINE FOR REGISTRATION:** September 25, 2024

#### **Program Description:**

This program offers up-to-date research, care guidelines and options for adolescents and adults afflicted with the disease of obesity and associated co-morbid conditions.

#### **Target Audience:**

Physicians, advanced practitioners, nurses and allied health professionals involved in the care of obese patients.

#### **Program Objectives:**

- Identify obesity as a chronic, relapsing disease with multiple contributing factors including genetics, metabolism, culture, illness and psychological issues.
- Review the pathophysiology of obesity and its effects on various organ systems.
- Describe current evidenced base surgical and non-surgical treatments for obesity.
- Discuss the barriers to care that patients and physicians are presented with.
- Provide evidence-based information about the various options that are available for patients seeking treatment for obesity.
- Explain the causes and consequences of childhood obesity and available treatment options.

#### For More Information:

Contact 989.583.4683 or Lpalmer@chs-mi.com



Extraordinary care for every generation.

# 2024 Comprehensive Obesity Care Symposium

## AGENDA

TIME	TOPIC	PRESENTER
8:15 am – 8:55 am	REGISTRATION & SPONSOR EXHIBITS	
8:55 am-9:00 am	Welcome and Opening Remarks	Chad Ringley, MD Bariatric/Metabolic Surgery Medical Director Covenant Surgical Specialists
9:00 am-9:30 am	The Disease Burden Associated with Obesity	Amer Issa, MD Endocrinologist Issa Endocrinology & Weight Loss Center
9:35 am-10:05 am	Obesity and Joint Replacement	Adam Cote, DO Orthopedic Surgeon, Covenant Orthopaedics
10:10 am-10:40 am	Medical Nutrition Therapy for Weight Management	Misty Potts, RDN Bariatric Adult and Pediatric Dietitian Covenant Surgical Specialists
10:45 am-11:15 am	Medical Management of Obesity	<b>Dafina Allen, MD, DABOM</b> Obesity Medicine, Wise Weight Management
11:15 am-12:15 pm	LUNCH & SPONSOR EXHIBITS	
12:15 pm-12:45 pm	The Role of Primary Care in Obesity Management	<b>Tessa Dake, MD</b> Family Medicine, Covenant Medical Group
12:50 pm-1:20 pm	Benefits and Pitfalls of Bariatric Surgery, Before and After Surgery	Chad Ringley, MD  Bariatric/Metabolic Surgery Medical Director  Covenant Surgical Specialists
1:25 pm-1:55 pm	Childhood Obesity	Mary Moore, MD  Bariatric Pediatric Medical Advisor Pediatric Rheumatology, CMU Health
		Imam Kuhn DO
2:00 pm-2:30 pm	Pediatric Surgical Intervention	Jason Kuhn, DO Bariatric and Metabolic Surgeon Covenant Surgical Specialists
2:00 pm-2:30 pm 2:35 pm-2:40 pm	Pediatric Surgical Intervention  Closing Remarks and Wrap-Up	Bariatric and Metabolic Surgeon

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of Central Michigan University College of Medicine and Covenant HealthCare. Central Michigan University College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**Designation:** Central Michigan University College of Medicine designates this live activity for a maximum of 4.00 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosures:** Amer Issa, MD, speaker, is a speaker for Novo Nordisk. All relevant financial relationships listed for this individual have been mitigated. None of the other planners and speakers have relevant financial relationships to disclose with ineligible companies.



# OPIOID SUMMIT

"Raising Awareness, Taking Action, Saving Lives"

Presented by the Bureau of Indian Affairs and the Saginaw Chippewa Indian Tribe

Save the Date!

Oct. 28 & 29, 2024

Soaring Eagle Casino & Resort **Entertainment Hall** 

For questions or more information, please contact:

Carol Jackson | 989.775.4805 | Carjackson@sagchip.org

