

## GRAND ROUNDS CALENDAR

The following activities meet the requirements for 1 hour of *AMA PRA Category 1 Credit™* or as noted.

<p>CMU COLLEGE OF MEDICINE GRAND ROUNDS</p>	<p>THURSDAY 7:30am – 8:30am Online</p>	<p>August 8 – <b>Direct Primary Care - A Model for Better Patient Care.</b> Vincent WinklerPrins, MD. Direct Primary Care Physician, Table Health, Petosky, MI</p> <p><i>To join Multidisciplinary Grand Rounds, <a href="#">click here</a></i></p>
<p>EMERGENCY MEDICINE GRAND ROUNDS</p>	<p>THURSDAY 11:00am-12:30pm CMED SEB 1008</p>	<p>No Grand Rounds in August</p>
<p>FAMILY MEDICINE GRAND ROUNDS</p>	<p>THURSDAY 7:45am – 8:45am CMED SEB 1018</p>	<p>August 1 – <b>Beyond Tired: What Can Fatigue Be in the Pediatric Population?</b> Dhruv Verma, MD. Family Medicine Resident Physician, CMU Medical Education Partners, Saginaw, MI.</p> <p>August 15 – <b>Is There a Doctor on this Plane? In Flight Medical Emergencies and How Family Medicine Can Help.</b> Jennifer Romeu, MD, MSM, FAAFP. Associate Program Director Family Medicine Residency, CMU Medical Education Partners, Saginaw, MI.</p> <p>August 29 – <b>Imposter Syndrome: Tackling a Common Issue.</b> Nicholas Katcher, MD. Assistant Professor, CMU Medical Education Partners, Saginaw, MI.</p> <p><i>For additional information, contact Cindy Letzkus at <a href="mailto:letzk1ca@cmich.edu">letzk1ca@cmich.edu</a></i></p>
<p>INTERNAL MEDICINE GRAND ROUNDS</p>	<p>TUESDAY 12:00pm – 1:00pm Covenant FRIDAY 8:00am – 9:00am Ascension-HEC</p>	<p>August 9 – <b>Bacteria in the Urine and the Confusion They Cause.</b> Nicholas Haddad, MD, FACP, FIDSA. Internal Medicine Residency Program Director, Associate Professor of Infectious Diseases CMU Medical Education Partners, Saginaw, MI.</p> <p>August 13 – <b>Matters Most – Advance Care Planning in the Geriatric Population.</b> Saad Chaudhry, MD. Assistant Professor of Internal Medicine, CMU Medical Education Partners, Saginaw, MI.</p> <p><b>**Location: Maidlow Auditorium at Covenant Healthcare</b></p> <p><i>For additional information contact Carol Delehanty at <a href="mailto:deleh1c@cmich.edu">deleh1c@cmich.edu</a></i></p>
<p>OBSTETRICS &amp; GYNECOLOGY GRAND ROUNDS</p>	<p>MONDAY 8:00am – 9:00am CMED SEB 1008/Online</p>	<p>August 5 – <b>Quality Assurance Conference.</b> John Llewelyn, MD, Chair, Covenant OB Section. Obstetrician-Gynecologist, Valley OB/GYN Clinic, Saginaw, MI. <b>**Location: Harrison Side Rooms C&amp;D at Covenant Healthcare</b></p> <p>August 12 – <b>Journal Club.</b> Steven Ater, DO and Carrie Wild, DO. Ob/Gyn Resident Physician, CMU Medical Education Partners, Saginaw, MI.</p> <p>August 19 – <b>Syphilis in Pregnancy - A Silent Threat to Maternal and Fetal Health.</b> Nicholas Haddad, MD, FACP, FIDSA. Internal Medicine Residency Program Director, Associate Professor of Infectious Diseases, CMU Medical Education Partners, Saginaw, MI.</p> <p>August 26 – <b>Redefining Pregnancy Intentions for Patient-Centered Care.</b> Rachel Flink-Bochacki, MD, MPH. Associate Professor, Department of Obstetrics and Gynecology, Albany Medical Center, Albany, NY.</p> <p><i>For additional information, please contact Carol Clark at <a href="mailto:carol.clark@cmich.edu">carol.clark@cmich.edu</a></i></p>

<b>PEDIATRIC GRAND ROUNDS</b>	<b>WEDNESDAY</b> 12:00pm-1:00pm	<b>No Grand Rounds in August</b>
<b>PSYCHIATRY GRAND ROUNDS</b>	<b>THURSDAY</b> 12:00pm – 1:00pm CMED SEB 1018 and Webex	August 8 – <b>Persecutory Belief Systems.</b> Andrew Lustig MD, MSc. Centre for Addiction and Mental Health, Toronto, Ontario, Canada.  <i>For additional information, please contact Danielle Childs at <a href="mailto:child1dv@cmich.edu">child1dv@cmich.edu</a></i>
<b>SURGERY GRAND ROUNDS</b>	<b>THURSDAY</b> 7:00am – 8:00am Ascension St. Mary's MASUD Lecture Hall	August 1 – <b>Post Traumatic Stress and Burnout.</b> Akram M. Alashari, MD. Clinical Associate Professor of Trauma and Surgical Critical Care, CMU Medical Education Partners, Saginaw, MI. August 15 – <b>The Business of Surgery.</b> Phillip Nahirniak, MD. General Surgery, Trauma, and Surgical Critical Care; Covenant HealthCare, Saginaw, MI. August 22 – <b>Surviving Versus Thriving.</b> Cristina M. Nituica MD, FACS. Program Director General Surgery Residency Program, CMU Medical Education Partners, Saginaw, MI. August 29 – <b>Implicit Bias.</b> Kai Anderson, MD. Assistant Director Psychiatry Residency Program, CMU Medical Education Partners, Saginaw, MI.  <i>For additional information, please contact Julie Johnson at <a href="mailto:johns160@cmich.edu">johns160@cmich.edu</a></i>
<b>ALEDA E. LUTZ VAMC GRAND ROUNDS</b>	<b>FRIDAY</b> 8:00am – 9:00am Online and VAMC Auditorium	August 2 – <b>SOAR Peer to Peer Support in Combating Second Victim Syndrome.</b> Brock Willett, DNP, FNP-C. Nurse Practitioner Resident, Aleda E Lutz Veterans Affairs Medical Center, Saginaw, MI. August 9 – <b>Ethics of Medical Futility.</b> Douglas C Anderson, Jr., Pharm.D., D. Ph., F.C.C.P. Clinical Pharmacist Specialist, Patient Aligned Care Team. Aleda E Lutz Veterans Affairs Medical Center, Saginaw, MI. August 23 – <b>Presentation of Chaplaincy Services in Health Care.</b> Chaplain D'Wayne Beamon. Aleda E Lutz Veterans Affairs Medical Center, Saginaw, MI. August 30 – <b>Analytics for the Primary Care Team and Why You Should Care.</b> Dr. Mark Hauswirth. Aleda E Lutz Veterans Affairs Medical Center, Saginaw, MI.  <i>For additional information, please contact Tara Martin at <a href="mailto:tara.martin22@va.gov">tara.martin22@va.gov</a></i>
<b>COVENANT HEALTHCARE CRITICAL CARE GRAND ROUNDS</b>	<b>TUESDAY</b> 12:00pm-1:00pm Cooper – Maidlow Educational Center	August 27 – <b>Advances in Management of Heart Failure &amp; Guideline Review.</b> Mayar Jundi, MD. Director of the Heart Failure Center, Covenant HealthCare, Saginaw, MI.  <i>For additional information, please contact Madison Franek at <a href="mailto:madison.franek@chs-mi.com">madison.franek@chs-mi.com</a></i>

## REGULARLY SCHEDULED SERIES (RSS) ACTIVITIES

<p><b><u>CMU Surgery</u></b>  <b>Morbidity &amp; Mortality Conference</b>  Thursday: 8/1, *8/8, 8/15, 8/22, 8/29  Ascension St. Mary's Hospital Lecture Hall &amp; Online  8:00a-9:00a  *8:30a-9:30a</p> <p><b><u>Center for the Heart</u></b>  <b>LECTURE SERIES: Pediatric Echo Potpourri</b>  Wednesday, 8/14  Covenant Cardiology-900 Cooper-Suite 4100 &amp; Online  12:00p-1:00p</p>	<p><b><u>Covenant HealthCare</u></b>  <b>BREAST CONFERENCE</b>  Wednesday: 8/7, 8/14, 8/21, 8/28  Covenant Cancer Care Center, Lower-Level Conference Room &amp; Online  7:30a-8:30a</p> <p><b>TUMOR CONFERENCE</b>  Thursday: 8/1, 8/8, 8/15, 8/22, 8/29  Covenant Cancer Care Center, Spence Maidlow Conference Room &amp; Online  7:30a-8:30a</p>	<p><b><u>Ascension St. Mary's Hospital</u></b>  <b>BREAST TUMOR CONFERENCE</b>  2<sup>nd</sup> and 4<sup>th</sup> Tuesday: 8/13, 8/27  7:30a-8:30a  Online</p> <p><b>GENERAL/GI TUMOR CONFERENCE</b>  Wednesday: 8/7, 8/21, 8/28  7:30a-8:30a  Online</p>
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## FEATURED CME ACTIVITIES

### CMU College of Medicine – Multidisciplinary Grand Rounds

#### *Primary Care - A Model for Better Patient Care*

**Vincent Winkler Prins, MD;** Direct Primary Care Physician, Table Health, Petosky, MI.

Thursday, August 8, 2024; 7:30a-8:30a; [Online](#)

1.0 AMA PRA Category 1 Credit™

#### **Course Description:**

Alternatives to insurance-based payment models need to be seriously considered as opportunities to rework a heroic but overwhelmed and crumbling primary care infrastructure. Direct Primary Care (DPC) is such an alternative. In this model patients pay their doctor a monthly membership fee and all aspects of their primary care are included in this fixed price. In this presentation I will discuss DPC, highlight its unique and simple structure and features, share my own journey to this form of medical practice, and share my belief that this model is likely the best way for primary care to achieve the quadruple aim of better health, lower cost, happy patients, and happy doctors.

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### CMU College of Medicine – GME Office; Ramping Up in Research

#### *Research and Quality Projects - Where Do They Differ?*

**Mary Storm, JD, and Neli Regina, PhD;** CMU Medical Education Partners, Saginaw, MI and CMU College of Medicine, Mount Pleasant, MI

Tuesday, August 20, 2024. 7:30a-8:30a; Online.

Contact: GME Office at 989-746-7880

1.0 AMA PRA Category 1 Credit™

#### **Course Description:**

A quality project is one that aims at improving a gap in clinical or administrative standards at a specific site. The goal of a research project is to add new knowledge to what was previously unknown in literature through testing of a hypothesis or a scientific question. In practical terms, these types of scholarly activities can both be performed and published by physicians and other healthcare workers. Understanding the goals of each and the process for publishing them will be helpful for the less-experienced faculty member.

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### Covenant Inpatient Physician Practices – Critical Care Grand Rounds

#### *Advances in Management of Heart Failure & Guideline Review*

**Mayar Jundi, MD.** Director of the Heart Failure Center, Covenant HealthCare, Saginaw, MI.

Tuesday, August 27, 2024; 12:00p-1:00p

1.0 AMA PRA Category 1 Credit™

#### **Course Description:**

This topic will define heart failure and highlight etiology and management of heart failure. This course will demonstrate treatment of heart failure through patient cases.

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## Michigan Public Health Institute – Just Care™: Equitable Treatment for Patients with Opioid Use Disorder

Theadia Carey, MD, MS; Rebecca Irby; and Marshalle Favors

This event is free and open to all. There are four time options available:

Wednesday, August 14, 2024; 9:00a-1:00p or Tuesday, August 20, 2024; 9:00a-1:00p or Tuesday, September 10, 2024; 9:00a-1:00p or

Tuesday, September 17, 2024; 9:00a-1:00p

Virtual Zoom Meeting. Free Registration: <https://justinstitute.newdetroit.org/form/summer-2024-just-care-oud>

3.5 AMA PRA Category 1 Credits™

### **Course Description:**

The Just Care™: Equitable Treatment for Patients with Opioid Use Disorder (OUD) training program aims to address racial disparities in OUD treatment by providing healthcare professionals with knowledge about the historical context of opioid use, the impact of racial and cultural biases, and effective treatment practices. Participants will engage in interactive sessions, discussions, and activities designed to enhance their empathy, understanding, and clinical skills in treating Black patients with OUD.

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## Covenant HealthCare Bariatric and Metabolic Center – 2024 Covenant Comprehensive Obesity Care Symposium

Amer Issa, MD; Adam Cote, DO; Misty Potts, RDN; Dafina Allen, MD; Tessa Dake, MD; Chad Ringley, MD; and Mary Moore MD

Friday, September 27, 2024; 8:30a-3:00p

Horizons Conference Center, 6200 State Street, Saginaw, MI

4.0 AMA PRA Category 1 Credits™

### **Course Description:**

This symposium is intended to advance clinician knowledge related to the latest evidence-based treatments of obesity. This educational event will help multiple specialties better understand why obesity is a chronic, relapsing disease that merits treatment. We will review current obesity population trends, the effects of obesity on multiple organ systems, barriers to care, and the latest, cutting-edge surgical and non-surgical treatments of obesity.

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## CME ONLINE EDUCATIONAL COURSES

A variety of online courses to enhance physician lifelong learning are available at [CMU CME ONLINE](#) or scan the QR code.

We recently developed a catalog of all online learning materials for quick reference, and is available on our webpage.

The following courses required for licensing in Michigan are:

- [Human Trafficking: Basics and Beyond 2022](#)
- [Ethics: Challenge & Opportunity of Genome Editing: Scientific & Ethical Considerations](#)



**Michigan Public Health Institute** <https://www.mphi.org/>

Our collaboration with the MPH I permits CMU and community faculty access to their free online library of certified eLearning materials for medical professionals. To access these courses, create an account/log in at: <https://courses.mihealth.org/PUBLIC/home.html>. All course are listed in our catalog.

## CME FORMS

CME application forms are continually being updated as the ACCME changes and modifies requirements. For example, we have made recent changes to the master CME and the Grand Rounds application forms regarding the new, streamlined, and online process to obtain American Board of Surgery MOC. Please note the date at the top center or bottom right of the application forms you are completing. All of our most recent CME application forms and Guidelines are published on our website at [Documents and Forms](#) or by scanning the QR code. If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits™*, please contact us at [cmecme@cmich.edu](mailto:cmecme@cmich.edu).



**\*The RSS form has recently been updated. Please follow the link or scan the QR code to access the new version of this form.**

## CME GENERAL INFORMATION

For all information regarding Continuing Medical Education, including the upcoming calendar, please visit our website at [med.cmich.edu/cme](http://med.cmich.edu/cme), email us at [cmecme@cmich.edu](mailto:cmecme@cmich.edu), or call us at 989-746-7602.

### Credit for Teaching

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, all forms (2021 to 2024) and instructions are available on our website at [Claim Credit and Transcript](#) under **Category 2 Credit Forms**.

### CME Credit and Certificate Process

To claim *AMA PRA Category 1 Credits™* go to [Claim Credit and Transcript](#), then click on the “Claim Credit” box or scan this QR code. If you need assistance, please email [cmecme@cmich.edu](mailto:cmecme@cmich.edu) or call 989-746-7555 or 989-746-7602. Activities are available for **30 days post**-event for claiming CME credit.



### CME Comments and Suggestions

Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website [Continuing Medical Education](#) under **Continuing Medical Education Team** [Comments and Suggestions](#).

### CME Accreditation and Joint Providerships

Central Michigan University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) for four years as a provider of continuing medical education (CME) for physicians. The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

PLEASE JOIN US FOR THE COVENANT HEALTHCARE

# 2024 Comprehensive Obesity Care Symposium

4.0 CME  
Credits  
Available

## Date and Time:

**FRIDAY, SEPTEMBER 27, 2024**

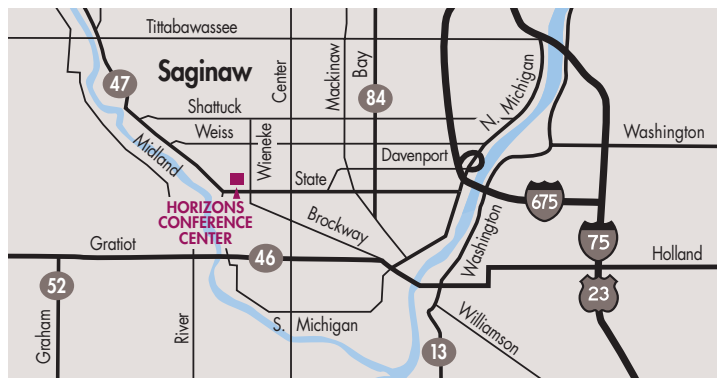
8:15 am-8:55 am • Registration & Exhibits

8:55 am-3:00 pm • Presentations

## Location:

**HORIZONS CONFERENCE CENTER**

6200 State Street, Saginaw, Michigan 48603



## Register Online at:

[covenanthealthcare.com/bariatric-symposium](https://covenanthealthcare.com/bariatric-symposium)  
or scan the QR Code



## Tuition Cost:

Physicians \$100/Non-physicians \$50

### EARLY BIRD REGISTRATION:

- Before August 27: Physicians \$75/Non-physicians \$35
- Before September 13: Physicians \$85/Non-physicians \$45

**DEADLINE FOR REGISTRATION:** September 25, 2024

## Program Description:

This program offers up-to-date research, care guidelines and options for adolescents and adults afflicted with the disease of obesity and associated co-morbid conditions.

## Target Audience:

Physicians, advanced practitioners, nurses and allied health professionals involved in the care of obese patients.

## Program Objectives:

- Identify obesity as a chronic, relapsing disease with multiple contributing factors including genetics, metabolism, culture, illness and psychological issues.
- Review the pathophysiology of obesity and its effects on various organ systems.
- Describe current evidenced base surgical and non-surgical treatments for obesity.
- Discuss the barriers to care that patients and physicians are presented with.
- Provide evidence-based information about the various options that are available for patients seeking treatment for obesity.
- Explain the causes and consequences of childhood obesity and available treatment options.

## For More Information:

Contact 989.583.4683 or  
[lpalmer@chs-mi.com](mailto:lpalmer@chs-mi.com)

**COVENANT**  
HealthCare

Extraordinary care for  
every generation.

# 2024 Comprehensive Obesity Care Symposium

## AGENDA

TIME	TOPIC	PRESENTER
8:15 am–8:55 am	REGISTRATION & SPONSOR EXHIBITS	
8:55 am–9:00 am	Welcome and Opening Remarks	<b>Chad Ringley, MD</b> Bariatric/Metabolic Surgery Medical Director Covenant Surgical Specialists
9:00 am–9:30 am	The Disease Burden Associated with Obesity	<b>Amer Issa, MD</b> Endocrinologist Issa Endocrinology & Weight Loss Center
9:35 am–10:05 am	Obesity and Joint Replacement	<b>Adam Cote, DO</b> Orthopedic Surgeon, Covenant Orthopaedics
10:10 am–10:40 am	Medical Nutrition Therapy for Weight Management	<b>Misty Potts, RDN</b> Bariatric Adult and Pediatric Dietitian Covenant Surgical Specialists
10:45 am–11:15 am	Medical Management of Obesity	<b>Dafina Allen, MD, DABOM</b> Obesity Medicine, Wise Weight Management
11:15 am–12:15 pm	LUNCH & SPONSOR EXHIBITS	
12:15 pm–12:45 pm	The Role of Primary Care in Obesity Management	<b>Tessa Dake, MD</b> Family Medicine, Covenant Medical Group
12:50 pm–1:20 pm	Benefits and Pitfalls of Bariatric Surgery, Before and After Surgery	<b>Chad Ringley, MD</b> Bariatric/Metabolic Surgery Medical Director Covenant Surgical Specialists
1:25 pm–1:55 pm	Childhood Obesity	<b>Mary Moore, MD</b> Bariatric Pediatric Medical Advisor Pediatric Rheumatology, CMU Health
2:00 pm–2:30 pm	Pediatric Surgical Intervention	<b>Jason Kuhn, DO</b> Bariatric and Metabolic Surgeon Covenant Surgical Specialists
2:35 pm–2:40 pm	Closing Remarks and Wrap-Up	<b>Chad Ringley, MD</b> Bariatric/Metabolic Surgery Medical Director Covenant Surgical Specialists
2:40 pm–3:00 pm	ADJOURN	

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of Central Michigan University College of Medicine and Covenant HealthCare. Central Michigan University College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**Designation:** Central Michigan University College of Medicine designates this live activity for a maximum of 4.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosures:** Amer Issa, MD, speaker, is a speaker for Novo Nordisk. All relevant financial relationships listed for this individual have been mitigated. None of the other planners and speakers have relevant financial relationships to disclose with ineligible companies.



FIFTH ANNUAL

# OPIOID SUMMIT

*"Raising Awareness, Taking Action, Saving Lives"*

Presented by the Bureau of Indian Affairs  
and the Saginaw Chippewa Indian Tribe

*Save the Date!*

# Oct. 28 & 29, 2024

**Soaring Eagle Casino & Resort  
Entertainment Hall**

**For questions or more information, please contact:**

**Carol Jackson | 989.775.4805 | [Carjackson@sagchip.org](mailto:Carjackson@sagchip.org)**



**Saginaw Chippewa Indian Tribe of Michigan**

*"Working Together for Our Future"*

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