



## User Training Guide

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## About this guide

PsychiatryOnline (POL) creates a one-stop resource for information on diagnosis, treatment, guidelines, the latest research, and breaking news from the field. From a single location, you can access all APA journals, Psychiatric News, the DSM Library, and bestselling textbooks, as well as APA Practice Guidelines, and continuing medical education.

This guide introduces you, the user, to the POL Premium, DSM-5 Library or POL Core subscriptions at PsychiatryOnline.org provided courtesy of your institution.

This guide provides basic information about using the site, resources included in the subscription, as well as the many features that help you find the information you are looking for.

Refer to the table of contents above to locate the information you need. Feature descriptions and step-by-step procedures are grouped under the main task that you are performing, such as researching a psychiatric disorder, managing your journal readings, or accessing the resources remotely.

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Psychiatric Services	<a href="http://ps.psychiatryonline.org">http://ps.psychiatryonline.org</a>	✓		✓
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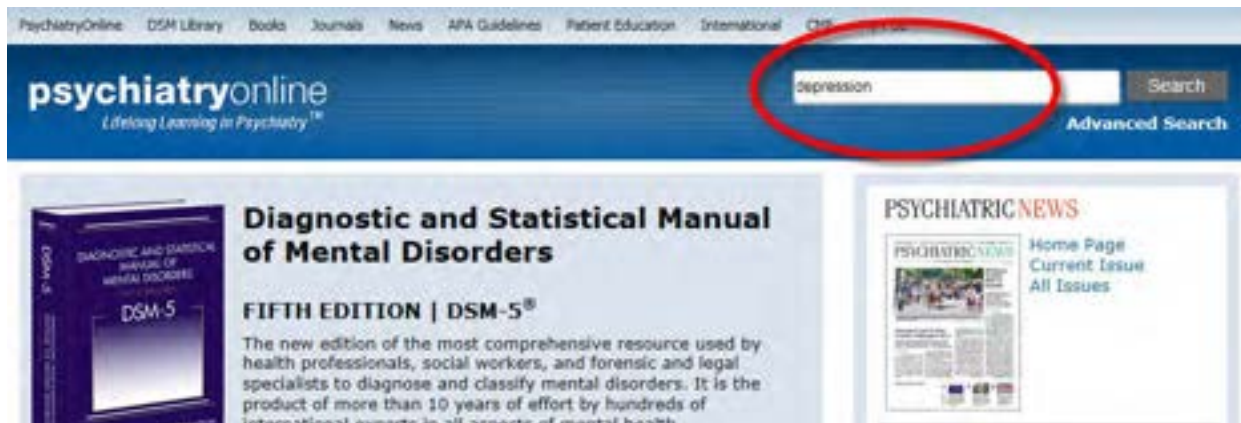
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Textbook of Psychotherapeutic Treatments	<a href="http://psychiatryonline.org/doi/book/10.1176/appi.books.9781585623648">http://psychiatryonline.org/doi/book/10.1176/appi.books.9781585623648</a>	✓		
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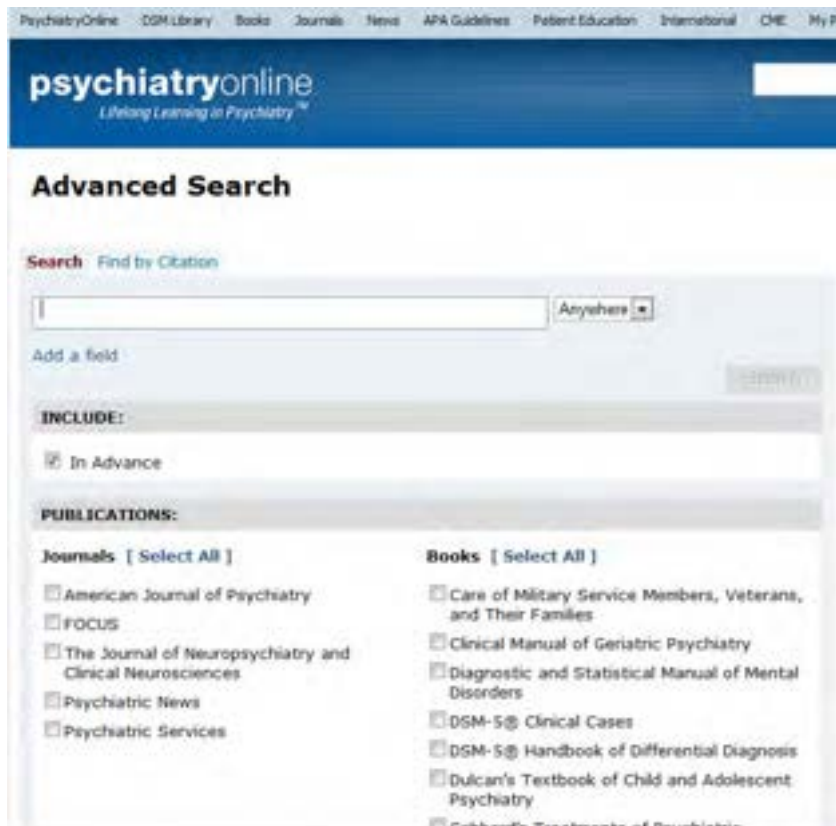
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## Research a Psychiatric Disorder

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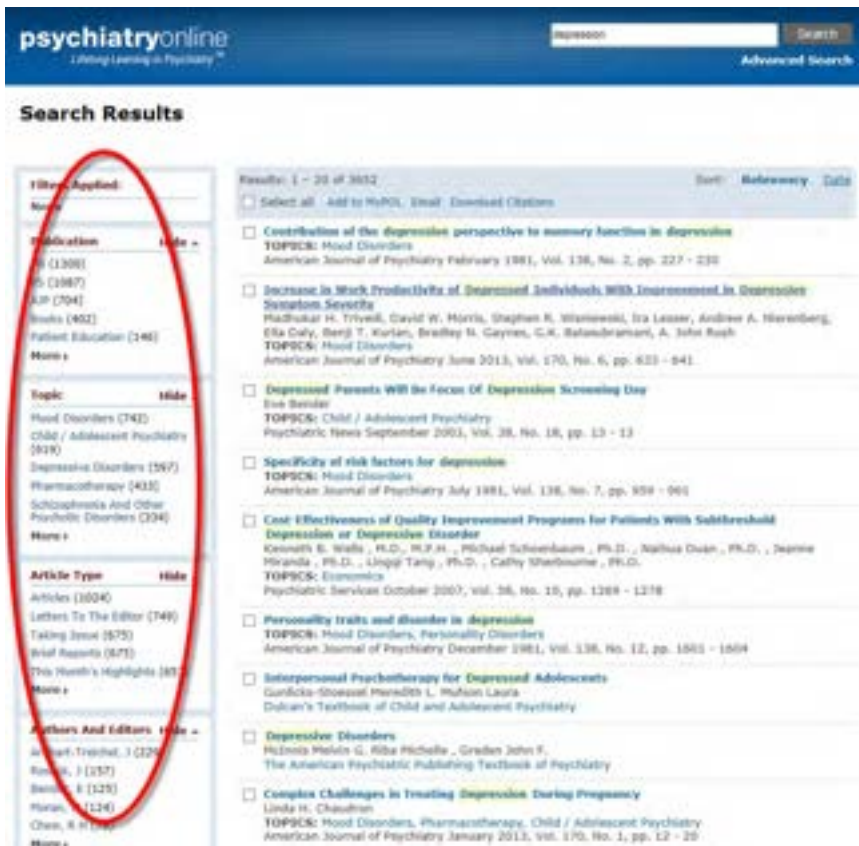


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## Articles

### First-Episode Services for Psychotic Disorders in the U.S. Public Sector: A Pragmatic Randomized Controlled Trial

Vinod H. Srikant, M.D.; Clark-Tek, M.D.; Susat Kurojogenci, M.D.; Vivek H. Pruthi, M.D.; Nicholas I. K. Brettborne, Ph.D.; Jessica Pollert, Ph.D.; Barak Osher, M.D.; John Sokias, Psy.D.; Barbara C. Walsh, Ph.D.; Scott W. Woods, M.D.

View Author and Article Information  
Received: May 29, 2014  
Accepted: September 15, 2014  
<http://dx.doi.org/10.1176/appi.ps.201400736>

Abstract | **Full Text** | References | Supplementary Materials | PDF

### Abstract

**Objective:** This study sought to determine the effectiveness of a comprehensive first-episode service, the clinic for Specialized Treatment Early in Psychosis (STEP), in an urban U.S. community mental health center by comparing it with usual treatment.

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<input type="checkbox"/>	Depression in 14-Year-Olds	Psychiatric Services, Volume 28,

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DSM-5® Handbook of Differential Diagnosis

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## Chapter 1. Differential Diagnosis Step by Step

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<http://dx.doi.org/10.1176/appi.books.9781585629992.ch01>

Excerpt **Full Text**

### SECTION QUICK LINKS

- Step 1: Rule Out Malingering and Factitious Disorder
- Step 2: Rule Out Substance Etiology (Including Drugs of Abuse, Medications)
- Step 3: Rule Out a Disorder Due to a General Medical Condition
- Step 4: Determine the Specific Primary Disorder(s)
- Step 5: Differentiate Adjustment Disorders From the Residual Other Specified or Unspecified Disorders
- Step 6: Establish the Boundary With No Mental Disorder
- Differential Diagnosis and Comorbidity
- How to Use the Handbook: Case Example

The process of DSM-5 differential diagnosis can be broken down into six basic steps: 1) ruling out Malingering and Factitious Disorder, 2) ruling out a substance etiology, 3) ruling out an etiological medical condition, 4) determining the specific primary disorder(s), 5) differentiating Adjustment Disorder from the residual Other Specified and Unspecified conditions, and 6) establishing the boundary with no mental disorder. A thorough review of this chapter provides a useful framework for understanding and applying the decision trees presented in the next chapter.

### Step 1: Rule Out Malingering and Factitious Disorder

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