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by **Shay Dawson** in **2025 COAPRT Annual Report**

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About the Annual
Report

The purpose of the Annual Report is to follow a program's current progress towards learning outcome assessment. This is a requirement to maintain accreditation. Submitting an Annual Progress Report provides statistics for the previous academic year, specifying improvements made, reporting any significant changes and reporting on status of the 1.0 series standards and standards 2.05.05, 3.06, 3.07, and the 7.0 series. Institutions with multiple accredited programs will be required to report on the 7.0 series for each individually accredited program. Each accredited program requires its own separate annual report. For example if your institution has two accredited programs e.g. Therapeutic Recreation and Recreation Management you will complete two separate annual reports. The purpose of the Annual Report is to provide a snapshot of your student learning outcome data collection for the previous calendar year. (January - December) Posting requirements for the program's website include student learning outcome aggregate data from the most recent spring and fall academic year.

Section 1: Contact Information

Name of institution

Central Michigan University

Name of Accredited
Program

Recreational Therapy and Rehabilitation Program

Total number of
students enrolled in
this program.

45

Name and contact
information of the
Primary Contact for
your COAPRT
Accredited
Program(s). All
communications will
be sent to this
person.Shay
Dawson

Position Title

Associate Professor and Program Director

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Department Name Recreation, Park, and Leisure Service Administration

Website <https://www.cmich.edu/academics/colleges/college-education-human-services/departments/recreation-parks-leisure-services-administration>

Formal Name of your Institution's President President Neil MacKinnon

Section 2: Intent to Pursue Accreditation

Does the academic unit intend to pursue continued accreditation as originally scheduled?

Yes

Regional Accreditation: Is the institution currently accredited by the appropriate regional accrediting association approved by the Council for Higher Education Accreditation (CHEA) or by the current national accrediting body (Standard 1.02)?

Yes

Section 3: Statistics Summary Report - Faculty

Are there a minimum of two full-time faculty members and a minimum of one additional full-time equivalent faculty position (FTE) assigned to and instruct in the program? (Standard 1.03)

Do a minimum of two full-time faculty members hold a degree of masters or higher, and a degree of bachelors or above in parks, recreation, tourism or related field? (Standard 1.04)

Do all individuals instructing in the program have the competence and credentials in the subject matter for which they are responsible? (Standard 1.05)

Yes

Narrative Report - Learning Outcomes Assessment For the next section, please report learning outcomes - one for each of the 7.01, 7.02, 7.03, and 7.04 (for a total of four measures) of student learning and the related outcomes for each program. These outcomes should be a part of your program's annual assessment plan as indicated in COAPRT standard 2.05.05 and will also be published on the COAPRT Program List webpage. You will complete this for each of your COAPRT accredited programs. For instance, if you have two accredited programs such as a Recreation Program and a Therapeutic Recreation Program, you will submit two sets of learning outcomes - one set for each program. It is strongly suggested that you have your outcomes with you as you complete this questionnaire. TWO of the three outcomes must use direct measures. Some examples of DIRECT measures include the following: Capstone Assignment Quality Comprehensive Examination Internship Evaluation Performance of Relevant Skill Portfolio Evaluation Pre/Post Test Result Presentation Quality Project Quality Standardized Test Result Thesis/Project Quality Video/Audiotape Production Quality Written Assignment Evaluation Writing Exam Result Some examples of INDIRECT measures include the following: Advisory Board Evaluation Alumni Survey Curriculum Review Result Employer Survey Result Exit/Student Interview Result Focus Group Result Graduate School Acceptance Rate Honors/Awards Received by the Program

Section 4: Narrative Report - Learning Outcomes Assessment Please provide the following information COAPRT expects all programs to demonstrate that student learning outcomes associated with its 7.0 Series Learning Outcomes are met at a 70% level. Therefore, student achievement will be judged as appropriate when 70% or more of the students being assessed demonstrate that they have accomplished the learning outcome.

PROGRAM (include name of program and description): Please provide a short description of this COAPRT program, it will be published on the COAPRT Program online directory.

The Recreational Therapy (RT) program gives students experience and knowledge needed to be successful in the field of therapeutic recreation. The mission of the program is "To inspire students to transform client lives through evidenced based Recreation Therapy services." Through both classes and applied experiences, our curriculum focuses in the areas of behavioral health, physical medicine and rehabilitation, geriatrics, developmental disability, facilitation, administration, and programming. Student select one of two academic tracks depending on their long term career goals: 1.) Bachelor of Science students (those interested in graduate school) complete a 15-week internship coupled with additional coursework in the social sciences, natural sciences, and humanities. Students enrolled in the Bachelor of Applied Arts (seek immediate work in therapeutic recreation) complete both a 15-week clinical and a 15-week non-clinical internship instead of taking extra coursework in social sciences, natural sciences, and humanities. Upon graduation students are prepared to work in a variety of therapeutic recreation settings including inpatient and outpatient behavioral health, PM&R, long term care, Veteran's Administration Hospitals, community parks and recreation inclusion programs, pediatric and adult medical specialty camps, and adapted sport.

Provide the program-specific learning outcome consistent with COAPRT Standard 7.01: Students graduating from the program shall demonstrate the following entry-level knowledge: a) the nature and scope of the relevant park, recreation, tourism or related professions and their associated industries; b) techniques and processes used by professionals and workers in these industries; and c) the foundation of the profession in history, science and philosophy.

Students graduating from the program shall demonstrate the historical, philosophical, theoretical and scientific foundations of therapeutic recreation:

- Scope of therapeutic recreation
- Practice of recreation therapy
- The historical, philosophical, theoretical, and scientific foundations.

Describe the method by which the learning outcome for Standard 7.01 was assessed:

(Direct Measure) Post Internship Evaluation: The RT concentration has developed the Final Internship Evaluation to reflect the content of 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. The final internship evaluation is completed by the internship supervisor (CTRS) at the end of the student's 15-week internship. Each category is scored on a scale of 1-5 based on the supervisor's direct observation of the student over the course of the internship in those respective areas. The internship evaluation provides an opportunity for an independent evaluation of the CMU recreational therapy students by a working practitioner. Student cohorts are expected to average a score of 3 or better on the foundation domain.

(Direct Measure) The NCTRC National Exam: The national exam for the field of therapeutic recreation is utilized as a direct measure of learning for CMU students. Scores are sent by NCTRC to CMU on an annual basis with an overall passing rate coupled with categorical rankings for the following areas: 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. NCTRC provides an independent industry level standard evaluation of the CMU students in recreational therapy. Student cohorts are expected to average a score that is 5 points higher than the national average on the foundation domain questions.

(Direct Measure) The RT Program Exit Exam: This internal examination was created by the recreational therapy faculty with reliability and validity considered by an outside expert. Scores are compiled each semester with a running database of scores recorded for over 10 years. The exam is given to students at the end of their last class and prior to beginning their internship. The following focus areas are embedded within the exit exam questions: 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. Student cohorts are expected to average a score of 50% or better on the foundation domain questions.

Indicate whether this outcome measure is Direct or Indirect.

Direct

State your program's standard for demonstrating that your Student Learning Outcome for 7.01 was successfully achieved.

Result of the assessment of the learning outcome for Standard 7.01:

2024 Met 4.6/ 5

Will attain an average of 3.0 or higher on the Foundations section of the Post Internship Evaluation

2024 Met N/A/ 100% Not reported on NCTRC exam this year
80% of students will attain at or above minimum competence compared to the national average score on the Foundations section of the NCTRC National Exam

2024 N/A Score not reported in 2023 / 60.1% target
Students cohorts will average a score of 60.1% or above on the Foundations portion of the RT Program Exit Exam

Please provide the program-specific learning outcome consistent with COAPRT Standard 7.02. Students graduating from the program shall be able to demonstrate the ability to design, implement, and evaluate services that facilitate targeted human experiences and that embrace personal and cultural dimensions of diversity.

Students graduating from the program shall demonstrate the ability to use the therapeutic recreation process of:

- Assessment
- Planning
- Implementing and facilitation
- Documentation
- Evaluation

Describe the method by which the learning outcome for Standard 7.02 was assessed:

(Direct Measure) Post Internship Evaluation: The RT concentration has developed the Final Internship Evaluation to reflect the content of 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. The final internship evaluation is completed by the internship supervisor (CTRS) at the end of the student's 15-week internship. Each category is scored on a scale of 1-5 based on the supervisor's direct observation of the student over the course of the internship in those respective areas. The internship evaluation provides an opportunity for an independent evaluation of the CMU recreational therapy students by a working practitioner. Student cohorts are expected to average a score of 3 or better on the assessment, planning, implementation & facilitation, and documentation / evaluation domains.

(Direct Measure) The NCTRC National Exam: The national exam for the field of therapeutic recreation is utilized as a direct measure of learning for CMU students. Scores are sent by NCTRC to CMU on an annual basis with an overall passing rate coupled with categorical rankings for the following areas: 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. NCTRC provides an independent industry level standard evaluation of the CMU students in recreational therapy. Student cohorts are expected to average a score that is 5 points higher than the national average on the assessment, planning, implementation & facilitation, and documentation / evaluation domains.

(Direct Measure) The RT Program Exit Exam: This internal examination was created by the recreational therapy faculty with reliability and validity considered by an outside expert. Scores are compiled each semester with a running database of scores recorded for over 10 years. The exam is given to students at the end of their last class and prior to beginning their internship. The following focus areas are embedded within the exit exam questions: 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. Student cohorts are expected to average a score of 50% or better on the assessment, planning, implementation & facilitation, and documentation / evaluation domains.

Please indicate whether this outcome measure is Direct or Indirect.

Direct

State your program's standard for demonstrating that your Student Learning Outcome for 7.02 was successfully achieved.

Result of the

ASSESSMENT

assessment of the
learning outcome for
Standard 7.02:

2024 Met 4.3/5.0

Students will attain an average of 3.0 or higher on the Assessment section of the Post Internship Evaluation

2024 Met 92.9 / 100%

80% of students will attain at or above minimum competence compared to the national average score on the Assessment section of the NCTRC National Exam

2024 MET 86.8%

Students will average a score of 60.1% or above on the Assessment portion of the RT Program Exit Exam

PLANNING

2024 Met 4.3/5.0

Students will attain an average of 3.0 or higher on the Assessment section of the Post Internship Evaluation

2024 Met 92.9% / 100%

80% of students will attain at or above minimum competence compared to the national average score on the assessment section of the NCTRC National Exam

2024 Met 86.8%

Students will average a score of 60% or above on the Assessment portion of the RT Program Exit Exam

IMPLEMENTATION & FACILITATION

2024 Met 4.8 / 5.0

Students will attain an average of 3.0 or higher on the Implementation section of the Post Internship Evaluation

2024 Met 85.7% / 100%

80% of students will attain at or above minimum competence compared to the national average score on the Implementation section of the NCTRC National Exam

2024 Met 85.16 / 100%

Students will average a score of 60.1% or above on the Implementation portion of the RT Program Exit Exam

DOCUMENTATION & EVALUATION

2024 Met 4.4 / 5.0

Students will attain an average of 3.0 or higher on the Documentation section of the Post Internship Evaluation

2024 Met 85.7% / 100%

80% of students will attain at or above minimum competence compared to the national average score on the Documentation section of the NCTRC National Exam

2024 Met 82.5% / 100%

Students will average a score of 60.1% or above on the documentations portion of the RT Program Exit Exam

Please provide the program-specific learning outcome consistent with COAPRT Standard 7.03. Students graduating from the program shall be able to demonstrate entry-level knowledge about operations and strategic management/administration in parks, recreation, tourism and/or related professions.

Management and administration of therapeutic recreation services:

- Management of theories and functions, organizational structures, and ethical management practices
- Planning, decision-making, and problem solving
- Human resource management
- Fiscal management
- Legal aspects, risk and safety management
- Maintenance of agency physical resources
- Accountability and quality improvement
- Marketing and advocacy
- Continuing professional development

Describe the method by which the learning outcome for Standard 7.03 was assessed:

(Direct Measure) Post Internship Evaluation: The RT concentration has developed the Final Internship Evaluation to reflect the content of 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. The final internship evaluation is completed by the internship supervisor (CTRS) at the end of the student's 15-week internship. Each category is scored on a scale of 1-5 based on the supervisor's direct observation of the student over the course of the internship in those respective areas. The internship evaluation provides an opportunity for an independent evaluation of the CMU recreational therapy students by a working practitioner. Student cohorts are expected to average a score of 3 or better on the administration and advancement of the profession domains.

(Direct Measure) The NCTRC National Exam: The national exam for the field of therapeutic recreation is utilized as a direct measure of learning for CMU students. Scores are sent by NCTRC to CMU on an annual basis with an overall passing rate coupled with categorical rankings for the following areas: 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. NCTRC provides an independent industry level standard evaluation of the CMU students in recreational therapy. Student cohorts are expected to average a score that is 5 points higher than the national average on the administration and advancement of the profession domains.

(Direct Measure) The RT Program Exit Exam: This internal examination was created by the recreational therapy faculty with reliability and validity considered by an outside expert. Scores are compiled each semester with a running database of scores recorded for over 10 years. The exam is given to students at the end of their last class and prior to beginning their internship. The following focus areas are embedded within the exit exam questions: 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. Student cohorts are expected to average a score of 50% or better on the administration and advancement of the profession domains.

Please indicate whether this outcome measure is Direct or Indirect.

Direct

State your program's standard for demonstrating that your Student Learning Outcome for 7.03 was successfully achieved.

Result of the assessment of the learning outcome for Standard 7.03:

ADMINISTRATION

2024 Met 4.2 / 5.0

Students will attain an average of 3.0 or higher on the Foundations section of the Post Internship Evaluation

2024 Met 92.9% / 100%

80% of students will attain at or above minimum competence compared to the national average score on the Administration section of the NCTRC National Exam

2024 Not Met 87.4% / 100%

Students will average a score of 60.1% or above on the Administration portion of the RT Program Exit Exam

ADVANCEMENT OF THE PROFESSION

2024 Met 4.4 / 5.0

Students will attain an average of 3.0 or higher on the Foundations section of the Post Internship Evaluation

2024 Not Met 78.6% / 100%

80% of students will attain at or above minimum competence compared to the national average score on the Advancement of the Profession section of the NCTRC National Exam

2024 Met 87% / 100%

Students will average a score of 60.1 % or above on the Advancement of the Profession portion of the RT Program Exit Exam

Please provide the program-specific learning outcome consistent with COAPRT Standard 7.04. Students graduating from the program shall demonstrate, through a comprehensive internship of not less than 400 clock hours and no fewer than 10 weeks, the potential to succeed as professionals at supervisory or higher levels in park, recreation, tourism or related organizations.

Application of the therapeutic recreation body of knowledge through experience:

- Readiness for culminating internship
- Culminating internship experience

Describe the method by which the learning outcome for Standard 7.04 was assessed: (Direct Measure) Post Internship Evaluation: The RT concentration has developed the Final Internship Evaluation to reflect the content of 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. The final internship evaluation is completed by the internship supervisor (CTRS) at the end of the student's 15-week internship. Each category is scored on a scale of 1-5 based on the supervisor's direct observation of the student over the course of the internship in those respective areas. The internship evaluation provides an opportunity for an independent evaluation of the CMU recreational therapy students by a working practitioner. Student cohorts are expected to average a score of 3 or better on the overall internship evaluation.

(Direct Measure) The NCTRC National Exam: The national exam for the field of therapeutic recreation is utilized as a direct measure of learning for CMU students. Scores are sent by NCTRC to CMU on an annual basis with an overall passing rate coupled with categorical rankings for the following areas: 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. NCTRC provides an independent industry level standard evaluation of the CMU students in recreational therapy. Student cohorts are expected to average a score that is 5 points higher than the national average for the passing rate overall on the NCTRC exam.

(Direct Measure) The RT Program Exit Exam: This internal examination was created by the recreational therapy faculty with reliability and validity considered by an outside expert. Scores are compiled each semester with a running database of scores recorded for over 10 years. The exam is given to students at the end of their last class and prior to beginning their internship. The following focus areas are embedded within the exit exam questions: 1.) foundation, 2.) assessment, 3.) implementation, 4.) documentation, 5.) administration, and 6.) advancement of the profession. Student cohorts are expected to average a score of 60.1 overall or better on the entire exam overall.

Please indicate whether this outcome measure is Direct or Indirect.

Direct

State your program's standard for demonstrating that your Student Learning Outcome for 7.04 was successfully achieved.

Students will attain an average of 3.0 or higher on the all sections of the Post Internship Evaluation

Group average pass rate will exceed national average by 5% on NCTRC National Exam

Students will average a score of 60.1% or above for RT Program Exit Exam

Result of the assessment of the learning outcome for Standard 7.04:

2024 Met 4.5 group average /5.0
Students will attain an average of 3.0 or higher on the all sections of the Post Internship Evaluation

2024 Met CMU 95% group pass rate / National Average = 85.4%
Group average pass rate will exceed national average by 5% on NCTRC National Exam

2024 Met 85.77% / 100%
Students will average a score of 60.1% or above for RT Program Exit Exam

Section 5: Narrative Report - Accountability and Informing the Public

An important aspect of accreditation is accountability. It is expected that the program annually posts 7.0 series aggregated data and additional evidence reflecting program academic quality and student achievement on their program and/or departmental website. Such information shall be consistent with The Family Educational Rights and Privacy Act (FERPA) requirements (Standard 2.05.05).

Please provide a link to the program's website that demonstrates compliance with Standard 2.05.05.

<https://www.cmich.edu/academics/colleges/college-education-human-services/departments/recreation-parks-leisure-services-administration/coaprt-accreditation>

It is expected that a program has a practice of informing the public about the harm of degree mills and accreditation mills (Standard 3.06).

Please provide a link to the program's website demonstrating compliance with Standard 3.06.

https://www.cmich.edu/docs/default-source/colleges/college-of-education-human-services/rpl/chea-overview-statement.pdf?sfvrsn=47e19aeb_4

It is expected that the program has a practice of informing the public about their COAPRT accredited programs (Standard 3.07).

Please provide a link to the program's website demonstrating compliance with Standard 3.07.

[https://www.cmich.edu/docs/default-source/colleges/college-of-education-human-services/rpl/2021-annual-report-\(rt-program\)5dc58344-d543-4c1c-97cf-84f1fadcd85b.pdf?sfvrsn=15874a61_9](https://www.cmich.edu/docs/default-source/colleges/college-of-education-human-services/rpl/2021-annual-report-(rt-program)5dc58344-d543-4c1c-97cf-84f1fadcd85b.pdf?sfvrsn=15874a61_9)

Section 6: Program Changes

Clearly describe any major changes for the reporting year in the program's strategic plan, curriculum, resources, administration, or other areas of the program directly related to accreditation standards. Please include the Standard number. If there are no major changes in any of these areas, please just indicate "none".

Change of Name: Name was recently changed to Recreational Therapy and Rehabilitation. All new majors are now signed with either a B.S. or a B.A.A. degree with this title for the major.

Concentration has now become a major

CMU Strategic Planning Process is in process and will be completed in 2024. This may impact the COAPRT Accreditation post 2024.

Changed the exit exam to an online format. This has resulted in some needed technology updates which we are working on in 2024. Foundational knowledge on the exam was not calculated in 2023 as a result. We continue to work on updating and improving our exit exam and look forward to sharing our progress on this important development.

The responses are self reported and the responsibility for the accuracy of the content is on behalf of the program.

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