



Developing Strong Children and Successful Families
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July 31, 2015

Dear Colleagues,

I had the pleasure of training with Dr. Larissa Niec and her team over the past three years. I first worked with Dr. Niec for recalibration of PCIT therapist skills with monthly consultation for a year. Following my certification as a PCIT therapist through PCIT International, I then completed Level 1 (in agency) Trainer training with monthly consultation for a year with Dr. Niec and recently achieved Level 1 Trainer certification. **I highly recommend training with Dr. Niec without any reservation!**

I want to first mention, if you were trained in PCIT a while ago or if you trained from someone who was not a certified PCIT Trainer through PCIT International, I strongly recommend taking the recalibration training. Second, choose to take the training from Dr. Niec as she is a great teacher!

As a clinical psychologist who has been teaching and supervising psychology interns and fellows and practicing for over a decade, it was a big change to be back in the roll of trainee and seeking therapy supervision. Nevertheless, Dr. Niec made the process comfortable and unbelievably helpful. She is a skilled, warm, and nonjudgmental teacher and supervisor. The two day recalibration training was fun and absolutely helped me reorient to being on protocol with the current PCIT manual. I was surprised at the updates in the current protocol as compared to how I was taught PCIT many years ago. The recalibration training and on-going supervision really were essential for me to get up to the current protocol despite having previous PCIT experience. The monthly consultation sessions with Dr. Niec were wonderful! I truly enjoyed being able to ask Dr. Niec questions that arose in the course of PCIT sessions. Her feedback on my taped sessions was always positive-- even when there were growth areas for me to work on-- and definitely led to me feeling confident and comfortable in my PCIT skills. Clinically, I saw huge improvements in the gains being made by families with whom I was conducting PCIT with Dr. Niec's supervision support. Specifically, her guidance in improving my coaching skills dramatically improved the pace at which families were achieving PRIDE skills and learning to enjoy their child. I enjoyed working with her so much I sought PCIT Level 1 Trainer training from Dr. Niec. The 8 hour Level 1 training day was fun and informative with time for practice and discussion. Even after achieving PCIT Level 1 Trainer certification, I am continuing periodic consultation with Dr. Niec because I have found her wisdom and guidance incredibly valuable.

In summary, I highly recommend training with Dr. Niec whether seeking initial training with PCIT, recalibration of PCIT skills, or training to teach and supervise others. In working with Dr. Niec you will learn evidence-based, effective PCIT skills and feel confident in your skills.

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Mid-Plains Center
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10/01/12

To Whom It May Concern:


My team and I have known Dr. Larissa Niec and her team of trainers since July, 2011. We are a team of four Licensed Independent Mental Health Practitioners, making up the Child/Family Outpatient Clinic in a Community Mental Health Agency.


Dr. Niec brought her team to our agency to complete the initial one-week training in PCIT, and then again 8 months later to do our follow up training. Dr. Niec has maintained regular consultation with us since that time, ensuring that we meet our certification requirements as PCIT therapists.

Our initial training with Dr. Niec was well-organized, thorough, high energy and enjoyable, while giving us all of the basic knowledge and skills to begin our practice as PCIT therapists. Dr. Niec and her team are very excited about PCIT and teaching others. It is apparent in all they do that they are passionate about the efficacy of PCIT and they want others to share in this excitement. It was a shared belief among our team that the initial training was by far the most valuable, enjoyable and useful training we have ever received.

Since our training, Dr. Niec has been available to us via email and phone at any time a need arises. We have appreciated her quick responses to our questions as they come up in our practice. Larissa has participated in research and is active with PCIT International, thus her information is current and relevant. Her support, encouragement, and guidance have been consistent and timely throughout our year long certification process.


We would highly recommend Dr. Niec and her team to anyone seeking a trainer for PCIT certification. She and her team can without a doubt, provide you with the skills and support you need to confidently provide PCIT services to children and their families.


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