



January 2024 Newsletter



Welcome to Spring 2024!

After a restful break, Central Sustainability is ecstatic to start off another semester!

Look out for future newsletters and social media updates with more information on many of our projects that are already in the works.

We cannot wait for what this semester has in store!

What can you expect from us this spring?

A new semester can bring new and exciting things, so expect to see many new projects and programming opportunities from Central Sustainability. Some specific initiatives to look out for include:

- CMU's 2024 submission of its sustainability report with the Advancement of Sustainability in Higher Education (AASHE)
- CMU's participation in Campus Race to Zero Waste, a competition among colleges and universities to see which institution can reduce the most waste
- Earth Month programming, consisting of a wide variety of collaborations and focuses on topics like sustainable fashion, energy policy, electric charging vehicles stations, and more!

Stay tuned for more updates!



Topic of the Month: Urban Farming



Urban farming, or urban agriculture, is generally defined as the practice of cultivating crops, livestock, or types of food in an urban environment. There are four main types of urban farming: 1) community gardens, 2) community farms, 3) commercial farms, and 4) institutional farms and gardens.

There are many benefits from urban farming. They include:

- Encouraging local production of foods
- Utilizing density in crowded urban areas
- Repurposing unused spaces like warehouses and abandoned lots to house gardens and plots
- Fostering community and civic pride

How can you get involved?

- Grow your own fresh food at home
- Support farmers by purchasing their produce (check out local farmers' markets!)
- Join a local farming initiative (like CMU's very own Campus Grows! Contact sustainability@cmich.edu to get involved)

Credits: Unity Environmental University

Want to make sustainability a part of your daily life?

Check out our Sustainable Living Guide and make the CMU Sustainability Pledge today!

CMU Sustainable Living Guide



Sustainability Pledge



Make Sustainability Your New Year's Resolution This Year!

Looking for some resolutions for the new year? Make sustainability a priority! Below are some tips on how you can do so:

- Use reusable grocery bags
- Carpool
- Invest in a reusable water bottle
- Avoid fast-fashion
- Practice recycling
- Turn off lights when not in use
- Shop locally
- Go paperless
- Eat less meat and dairy

Any Questions? Contact Us!

Stop by our office in Dow Science Room 275 or email us at sustainability@cmich.edu.

Also check out our socials for more updates!

Instagram & Facebook @cmucentralsustainability