

FSA VS. HSA

	Health Flexible Spending Account (FSA)	Health Savings Account (HSA)*
Vendor	WEX	Health Equity
Contribution Limits	\$3,200 for 2024-25 \$3,300 for 2025-26	\$4,300 single / \$8,550 family Additional \$1,000 for employees age 55 or older
When are funds available?	Access to full annual amount on your benefits effective date (ex: date of hire, start of new plan year, status change date).	Funds are available as contributions are deposited each paycheck.
Does interest accrue?	No	Yes
Eligible Expenses	General Purpose FSA can be used for medical, prescription drug, dental or vision expenses. Limited Purpose FSA can be used for dental or vision expenses only.	Can be used for medical, prescription drug, dental or vision expenses.
Using your account	Use the FSA debit card at the time of purchase / service or submit claims for reimbursement online or via app.	Use the HSA debit card at the time of purchase / service or submit claims for reimbursement online or via app.

^{*}Must be enrolled in an eligible High-Deductible Health Plan





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Use it or lose it?	Expenses must be incurred by end of plan year (June 30). Employees have 90 days after the plan year ends to submit claims for reimbursement. Separated employees have 90 days from their last day at CMU to submit claims. Balances between \$25 - \$640 (plan year 2024-25) or \$25 - \$660 (for 2025-26) will be eligible for a rollover 10/01. Remaining balances will be forfeited per IRS regulations.	Expenses incurred after you established a Health Savings Account can be reimbursed. The balance in your account rolls over from year to year. That money is yours to use now or keep for use during retirement. Funds in your account are yours to keep, even if you change medical plans or leave CMU.
When can I make a change to my contribution amount?	Changes to annual contributions can be made annually at Open Enrollment (effective July 1) unless you experience a qualifying status change during the year.	Changes to per pay contributions can be made at any time. Refer to HSA Change Form for applicable pay periods based on your payment cycle.

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For more information regarding these benefits – please refer to this video

