## StraightLine Education

## "Investing 101"

## CMU Fiscally Fit

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## I nvesting 101 - Topics of Discussion

## >Asset Types

Stocks, Bonds, CDs, Mutual Funds

## >Diversification

## >Account Types



403(b), 457, Regular vs. Roth Contributions, HSA


## Stocks - Equity Securities

> A share of actual ownership in a company
> Represents a claim on a company's assets \& earnings
, May carry voting power
> Trade on exchanges (NYSE, NASDAQ, etc.) Value is set by market forces

- Tend to be the most volatile, and therefore, the most aggressive of the basic asset types



## I ndexes

Dow $>$ Dow Jones Industrial Average
$>30$ American companies - Representing major industries
$>$ Chosen by editors of Wall Street Journal
$>$ To many people, this index is "The Market"

S\&P $500>$ Standard \& Poor's 500
> Generally includes the $\mathbf{5 0 0}$ largest 'American' companies
> Chosen by S\&P committee
$>$ The most common benchmark of stock portfolios

## I ndexes

# NASDAQ $>$ National Association of Securities Dealers Automated Quotations <br> $>$ Index reports performance of all listed companies <br> $>$ Thought of as the "Tech-Company Index" 

EAFE $>$ Europe, Australia, Far East index<br>$>$ Commonly quoted international stock index

## Bonds - Fixed I ncome Securities

- A loan from you to the issuing organization
> I nterest (coupon) payments made at a predetermined rate and schedule
> I ssuer repays amount borrowed (face value) at a predetermined maturity date
> Bond prices affected by interest rates, market forces, \& their issuers ability to repay
> Usually more conservative asset type


## Rising I nterest Rates?

## Bond prices and interest rates generally move in opposite directions

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## Certificates of Deposit (CDs)

> Specialized deposit at a bank or Credit Union
> Interest payments made at a predetermined rate and schedule
> I ssuer repays amount deposited at a predetermined maturity date
> Usually insured = Essentially zero volatility
> Extremely conservative asset type

## Mutual Funds

> An investment company 'hired' by you to invest your money
> Can purchase Stocks, Bonds, 'Cash', or virtually any other type of investment vehicle
> Mutual Fund shares represent a portion of the underlying investment portfolio
> Fund shares fluctuate based on performance of all portfolio holdings
> The most common asset type used in retirement plans because of diversification

## Diversify Properly

> The proper number of funds
> The proper style of funds
> Review past performance only?


## The Case for Diversification

| 2001 | 2002 | 03 | 004 | 005 | 2006 | 2007 | 00 | 009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| U.S. Fixed Income 8.43\% | cibl exU.S. Fixed 22.37\% | Emorging <br> Market Equity 55.82\% | Real Estate <br> 37.96\% | Emarging <br> Market <br> Equily <br> $34.00 \%$ | Real Estate <br> 42.12\% | Emerging Market Equity $39.38 \%$ | U.S. Fixed Income 5.24\% |  | Small Cap Equity <br> 26.85\% | U.S. <br> Fixed Income 7.84\% | Real Estate <br> 27.73\% | Small Cap Equity $38.82 \%$ | Real Estate <br> 15.02\% | Large Cap Equity 1.38\% | mall Cap Equity <br> 21.31\% | Emerging Market Equity $37.28 \%$ |  | Large Cap Equity <br> 31.49\% | mall Cap Equity <br> $19.96 \%$ |
| High Yeid | U.S. <br> Fixed Income 10.26\% | Small Cap <br> Equily <br> $47.25 \%$ | Emerging <br> Markot <br> Equily <br> $25.55 \%$ | Real Estate 15.35\% | Emerging <br> Markot <br> Equily <br> $32.17 \%$ | Dev exU.S. Equity 12.44\% | Glblox U.S. Fixed 4.39\% | High Yota <br>  <br> $58.21 \%$ | Real Estate <br> 19.63\% | High Yold | Emerging <br> Markot <br> Equily <br> $18.23 \%$ | Large Cap Equity 32.39\% | Large Cap Equity 13.69\% | U.S. <br> Fixed Income 0.55\% | High Yoid | Dev exU.S. Equity 24.21\% | U.S. Fixed Income 0.01\% | Small Cap Equity <br> $25.52 \%$ | Large Cap Equity 18.40\% |
| Cash Equivalent <br> 4.42\% | Real Estate | Real Estate <br> 40.69\% | DevexU.S. Equily 20.38\% | Dev exU.S. Equity 14.47\% | Dev exU.S. Equity 25.71\% | Glb exU.S. <br> Fixed <br> 11.03\% | Cash Equivalent <br> 2.06\% | Real Estate <br> 37.13\% | Emerging <br> Markot <br> Equity <br> $18.80 \%$ | $\begin{gathered} \text { GIbl } \\ \text { U.S } \\ \text { Fixe } \\ 4.36 \end{gathered}$ | Dev ex U.S. Equity 16.41\% | Dev exU.S. Equity 21.02\% | U.S. <br> Fixed Income 5.97\% |  | Large Cap Equity 11.96\% | Large Cap Equity <br> 21.83\% | ih Yeld | DevexU.S. Equity 22.49\% | Emerging Market Equily $18.31 \%$ |
| Small Cap Equity <br> 2.49\% |  | DevexU.S. Equity 39.42\% | Small Car Equity <br> $18.33 \%$ | Large Cap Equity 4.91\% | Small Cap Equity | U.S. <br> Fixed Income 6.97\% | High Yeld <br>  <br> 20.168 | Dev exU.S. <br> Equity <br> $33.67 \%$ | High Yeld | Large Cap Equity 2.11\% | Small Cap <br> Equily <br>  <br> $16.35 \%$ | High Yatd | Small Cap Equity 4.89\% | Real Estate <br> -0.79\% | Emerging <br> Market <br> Equity <br> 11.19\% | $\begin{gathered} \text { Smail Cap } \\ \text { Equily } \\ 14.65 \% \end{gathered}$ | GIblexU.S. Fixed $-2.15 \%$ | Real Estate 21.91\% | Glbl ex U.S. Fixed 10.11\% |
| Emerging <br> Market <br> Equily <br> $2.61 \%$ <br> C5tore |  | High Yeld <br>  <br> $28.97 \%$ | $\begin{aligned} & \text { Glbl ex- } \\ & \text { U.S. } \\ & \text { Fixed } \\ & 12.54 \% \\ & \hline \end{aligned}$ | Small Cap | Large Cap Equity 15.79\% | Large Cap Equity 5.49\% | Small Cap <br> Equily <br>  <br> $33.79 \%$ | Small Cap <br> Equity <br> $27.17 \%$ | Large Cap Equity 15.06\% |  | Large Cap Equity 16.00\% | Real Estate <br> 3.67\% | High Ye <br>  <br> $2.45 \%$ | Dev exU.S. Equily $-3.04 \%$ | Real Estate <br> 4.06\% | U.S. <br> Fixed <br> 10.51\% | Large Cap Equity -4.38\% | Emerging Market Equity 18.44\% | Dev exU.S. Equity 7.59\% |
| Glbl exU.S. Fixed 3.75\% | Emerging Market Equity $-6.16 \%$ | Large Cap Equity 28.68\% |  | Cash <br> 3.07\% | High Yeid | Equivale <br> 5.00\% | Large Cap Equity -37.00\% | Large Cap Equity 26.47\% | DevexU.S. Equity 8.95\% | Small Cap Equity 4.18\% |  |  | Cash Equivalent <br> 0.03\% | Small Cap Equity <br> 4.41\% | DevexU.S. Equity 2.75\% | Real Estate <br> $10.36 \%$ | Real Estate -5.63\% | Wigh Yretd | U.S. <br> Fixed Income 7.51\% |
| Real Estate | Dev exU.S. Equity $-15.80 \%$ | GlbexU.S. Fixed 19.36\% | Cap <br> Equity <br> 10.88\% | High Yeid  <br>   <br> $2.74 \%$  | Gbl ex U.S. Fixed 8.16\% | High Yeld  <br>   <br> $1.87 \%$  | DevexU.S. Equity 43.56\% | cibl ex. U.S. <br> Fixed <br> 7.53\% | U.S. <br> Fixed Income 6.54\% | Real Estate <br> -6.46\% | U.S. Fixed Income 4.21\% | U.S. <br> Fixed Income $-2.02 \%$ | Emerging <br> Market Equity -2.19\% |  | U.S. Fixed Income 2.65\% | $\left[\begin{array}{l}\text { High Yeid } \\ \\ 7.50 \%\end{array}\right.$ | Small Cap Equity <br> -11.01\% | U.S. Fixed Income 8.72\% | High Yald <br>  <br> $7.11 \%$ |
| Large Cap Equity -11.89\% | Smal Cas Equity <br> -20.48\% | U.S. Fixed Income 4.10\% | U.S. <br> Fixed Income 4.34\% | U.S. <br> Fixed Income 2.43\% | Cash <br> Equivalent <br> $4.85 \%$ | Small Cap Equity <br> -1.57\% | Real Estate 48.21\% | U.S. <br> Fixed <br> Income <br> 5.93\% | Glbl exU.S. <br> Fixed $4.95 \%$ | Dev oxU.S. Equity -12.21\% | U.S. <br> Fixed <br> 4.09\% | Emerging  <br> Markat  <br> Equily  <br> $-2.60 \%$  <br> Chic\%  | Glbl exU.S. <br> Fixed <br> $-3.09 \%$ | U.S. <br> Fixed <br> -6.02\% | cibl oxU.S. <br> Fixed <br> 1.49\% | U.S. <br> Fixed Income 3.54\% | $\begin{aligned} & \text { Dev ex- } \\ & \text { U.S. } \\ & \text { Equity } \\ & -14.09 \% \\ & \hline \end{aligned}$ | ciblox U.S. <br> Fixed <br> 5.09\% | Cash Equivalent $0.67 \%$ |
| Dev exU.S. Equity -21.40\% | Large Cap Equity -22.10\% | Equivalent <br> 1.15\% | Equivalo $1.33 \%$ | GIbl ex U.S. Fixed -8.65\% | U.S. <br> Fixed Income 4.33\% | Real Estate <br> -7.39\% |  |  |  | Emerging Market Equity -18.42\% |  | Gbl ex U.S. Fixed -3.08\% | DevexU.S. Equily 4.32\% | Emarging <br> Markot <br> Equily <br> -14.92\% | Equivalent <br> 0.33\% |  | Emarging <br> Markot <br> Equily <br> 14.57\% | Equivalent <br> 2.28\% | Real Estate <br> $-9.04 \%$ |

## I mpact of Volatility



## I mpact of Volatility

|  | Year 1 | Year 2 | Total |
| :---: | :---: | :---: | :---: |
| (ex. 1) | $10 \% \uparrow$ | $10 \% \downarrow$ | $\mathbf{- 1 \%}$ |
| $\$ 1000$ | $\$ 1100$ | $\$ 990$ | $-\$ 10$ |
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## I mpact of Volatility

|  | Year 1 | Year 2 | Total |
| :---: | :---: | :---: | :---: |
| (ex. 1) | $10 \% \uparrow$ | $10 \% \downarrow$ | $-1 \%$ |
| $\$ 1000$ | $\$ 1100$ | $\$ 990$ | $-\$ 10$ |
| (ex. 2) | $30 \% \downarrow$ | $30 \% \uparrow$ |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

## I mpact of Volatility

|  | Year 1 | Year 2 | Total |
| :---: | :---: | :---: | :---: |
| (ex. 1) | $\mathbf{1 0 \%} \uparrow$ | $10 \% \downarrow$ | $-1 \%$ |
| $\$ 1000$ | $\$ 1100$ | $\$ 990$ | $-\$ 10$ |
| (ex. 2) | $30 \% \downarrow$ | $30 \% \uparrow$ | $-9 \%$ |
| $\$ 1000$ | $\$ 700$ | $\$ 910$ | $-\$ 90$ |
|  |  |  |  |
|  |  |  |  |

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## I mpact of Volatility

|  | Year 1 | Year 2 | Total |
| :---: | :---: | :---: | :---: |
| (ex. 1) | $10 \% \uparrow$ | $10 \% \downarrow$ | $-1 \%$ |
| $\$ 1000$ | $\$ 1100$ | $\$ 990$ | $-\$ 10$ |
| (ex. 2) | $30 \% \downarrow$ | $30 \% \uparrow$ | $-9 \%$ |
| $\$ 1000$ | $\$ 700$ | $\$ 910$ | $-\$ 90$ |
| (ex. 3) | $80 \% \uparrow$ | $50 \% \downarrow$ |  |
|  |  |  |  |

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## I mpact of Volatility

|  | Year 1 | Year 2 | Total |
| :---: | :---: | :---: | :---: |
| (ex. 1) | $10 \% \uparrow$ | $10 \% \downarrow$ | $-1 \%$ |
| $\$ 1000$ | $\$ 1100$ | $\$ 990$ | $-\$ 10$ |
| (ex. 2) | $30 \% \downarrow$ | $30 \% \uparrow$ | $-9 \%$ |
| $\$ 1000$ | $\$ 700$ | $\$ 910$ | $-\$ 90$ |
| (ex. 3) | $\mathbf{8 0 \%} \uparrow$ | $50 \% \downarrow$ | $\mathbf{- 1 0 \%}$ |
| $\$ 1000$ | $\$ 1800$ | $\$ 900$ | $-\$ 100$ |

## Common Questions During Volatile Times

## > Do I get more conservative?

> When will things calm down?
> Should I get out and wait?
> Do I stop contributing?


## Determinants of Portfolio Performance

$>$ Academic studies have concluded that asset allocation accounts for $91.5 \%$ of a portfolio's return.
$>$ The decision on how much to invest in specific asset classes (i.e. stocks, bonds, etc...) is generally the most crucial decision when creating a portfolio.
$>$ Market timing only accounts for $1.8 \%$ of a portfolio's total return.


## The Power Of Compounding

"COMPOUND INTEREST IS
THE EIGHTH WONDER OF THE WORLD. HE WHO UNDERSTANDS IT, EARNS IT .. HE WHO DOESNT . PAYS IT."
-ALBERT EINSTEIN

## Dollar Cost Averaging



## Account Types

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## Employer Sponsored Retirement Plans

> What is a 403(b)?
> Why is it called a 403(b)?
> Can Contribute $\mathbf{\$ 2 0 , 5 0 0}$ in 2022, \$27,000 if over 50
> How do 403(b)s and 457s differ?
> University contribution
> Important ages - 59½, 72, ~55

## Retirement Account Options



- I ncome in retirement
- Tax benefit now vs. later
- Roth contributions vs. growth


## Health Savings Accounts (HSAs)

> Spending and savings account
> Tax-free investment earning potential
> Can offer tax-free distributions for qualified medical expenses
> Can be used for family members' medical expenses
> Unused funds rolled over year-to-year
> Portable

## Thank You!



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## Asset Allocation Rule of Thumb

## To approximate your "ideal" equity percentage, subtract your age from 110

Example: The "average" 50 year old should have about 60\% of their total portfolio in equities (110-50 = 60)

Example: The "average" 30 year old should have about $80 \%$ of their total portfolio in equities ( $110-30=80$ )

Example: The "average" 70 year old should have about $40 \%$ of their total portfolio in equities (110-70=40)
$>$ The remaining percentage should be invested in more conservative investments

